**Vision** - St. Louis Public Schools is the district of choice for families in the St. Louis region that provides a world-class education and is nationally recognized as a leader in student achievement and teacher quality.

**Mission** - We will provide a quality education for all students and enable them to realize their full intellectual potential.

**Insert School Name – Weekly Virtual Learning Planner**

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| --- | --- | --- | --- | --- | --- |
| **Teacher** | Coach Dominick | **Grade** | 3rd-5th | **Subject** | PE |
| **Week of** | 8/31-9/4 | **Topic/Title** | **Introduction/ Team Building/Believe in You/ Health Related Fitness**  Getting to know You. | | |

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| **Lesson/Topic** | **Lesson Target/Objective** | **Synchronous/Live Instruction** | **Asynchronous Playlist** | **Assessment/Performance Task** | **Due Date** |
| **Lesson 1 (Date)** | * Students will be able to understand the rules and expectations in class   Students will be able to identify other students in their class and something that they have done this summer | Teachers will explain the five characteristics that contribute to a person’s overall well-being.  Aerobic Capacity, Muscular Strength, Muscular Endurance, Flexibility and bo  \*Teachers will show students different health-related exercises. | Students will use the alphabet exercise chart to spell their first and last.  Students will create their own alphabet exercise chart.  Student will their activities and how they did the activities in their activity chart. | Students will upload video of them doing the exercise alphabet name. | 9/4 |
| **Lesson 2 (Date)** |  |  |  |  |  |
| **Lesson 3 (Date)** |  |  |  |  |  |
| **Lesson 4 (Date)** |  |  |  |  |  |
| **Lesson 5 (Date)** |  |  |  |  |  |